



Karyn Grant, The Joy Coach, has been writing music since she was fifteen. Now, a mother of four young adults, Karyn resides with her family in Lehi, Utah. Karyn Grant, also owns and operates, **The Cherishing Place with Scents of Peace; Musical and Aromatherapy Duets.**

During the past thirty years, Karyn has written and performed inspirational music for people of all faiths. It is through the medium of music that she shares her testimony of returning to our God-given natures and of becoming **“Joyful by Nature”** once more. Through the years, Karyn has discovered that her greatest joy is in ministering to “the one” through the medium of accessing the five senses. Karyn is a licensed massage therapist, Utah’s only Vibrational Attunement Massage Therapist and uses her own lullabies, songs, instrumentals, sound, aromatherapy, breathwork, guided visualizations and vibrational touch in her sessions with her clients, to “reawaken and enliven the spirit within”,

As a speaker, coach and facilitator, Karyn shares her joy of “blessing the one”; woman, man or child, with audiences both large and small.

Karyn has written many books which are available in e-book format. She has recently written a manual for Joy-Coaching; called, **“RAISING YOUR VIBRATION TO JOY!”**, for use in teaching classes on a weekly basis and encouraging others to keep their vibration at the frequency of “love, joy, peace and cherishing”.

Karyn has also completed a sixteen CD set of Joy Coaching Sessions called, **“The Journey to Joy!”** which includes both her vocal music and her 36 **“Nighttime Nurturing; Musical Meditations”** with aromatherapy, for nurturing the heart-mind-body and spirit while inspiring deep meditative rest and relaxation during theta state.

Currently, Karyn is writing a book, **“Who Will Lullaby The Fathers?”** with Thurl Bailey.

This book will include Karyn’s original **“Lullabies for Fathers”** CD. Karyn has been lullabying women and children for years, on her massage table and looks forward to sharing the message of joy in the songs that are now being arranged and produced by well-known pianist and gifted composer, Marvyn Goldstein. Karyn is finding joy in sharing her love for “lullabying the fathers”, through this book which mingles her message of hope with Thurl’s great capacity to love, inspire, and to reach deep into the hearts of men and assist them in realizing their God-given roles as husbands, fathers, sons and brothers. Together, they ask this simple question in their speaking engagements ; **“Who Will Lullaby The Family?”**

This co-venture will use music, the spoken word, guided visualizations and more to motivate, inspire and bless the family in a way that promotes the roles of each family member and sees each person in the family, as a gift, as a blessing and as a unique member of a cherished unit that deserves to be honored, respected and cared for.

Sharing her love of God, music, and people with audiences from the prison to the church as well as in the community, is another one of her loves. Her heart’s desire is to **“Raise the Vibration to Joy!”** through the sound of music, the gift of therapeutic touch, the scent of peace and through the art of cherishing.

To schedule sessions, appointments and/or speaking engagements, contact Karyn Grant By email or phone: 801-768-8879.

Karyn’s web site is: www.cherishingplace.com

Her blog sites are:

www.kangenwatermusic.wordpress.com

www.lullabythefathers.wordpress.com

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